

Wapahani High School
Cross Country
5K Fundraiser Race
July 19th
Prairie Creek Reservoir

Delta High School
Cross Country
5K Fundraiser Race
July 26th
Waterbowl

Come out and support two great **local** Cross Country programs. The Wapahani Cross Country 5K fundraiser race will be ran July 19th on the Wapahani Cross Country course at Prairie Creek Reservoir. The Delta Cross Country 5K fundraiser race will be ran July 26th at the Waterbowl. This is a great opportunity to run two of the **best** Cross Country courses in the area.

When **Race Distance**
(8 a.m.)

July 19th 5K Prairie Creek Reservoir
July 26th 5K Waterbowl

Entry Fee **\$ 10 for each race**

Age groups:

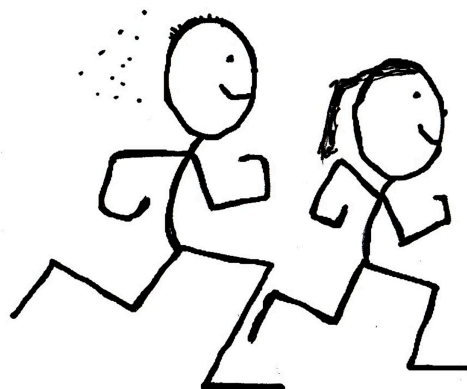
14 and under	30 - 39	60 - 69
15 - 19	40 - 49	70 and over
20 - 29	50 - 59	

Medals will be awarded to first overall Male/
Female with ribbons to top three in each age
group.

Where

July 19th - Prairie Creek beach area - race will be
ran on Wapahani Cross Country course

July 26th - Waterbowl - race will be ran on Delta
Cross Country course



**All runners must sign liability waiver
for entry into Fundraiser Races**

*The 5K races are ran on challenging courses in
sometimes hot, humid, windy or rainy conditions. All
participants assume responsibility to prepare them-
selves physically and mentally for the 5K races.*

*Races are hosted by Wapahani and Delta
High Schools.*

*Thanks to Prairie Creek Reservoir and the
Waterbowl for supporting these races.*

**Come out and get in shape for
the 2008 Cross Country season!**

For the latest information and race results go to:

www.irunmuncie.com