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Anderson Center for Sight
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Contributors

Anderson Family YMCA
Boy Scout troop 249

Special Thanks

Little 500 Festival
Anderson Indiana Main Street
Madison County Emergency Management
Hoosier Press

Race Management Provided by

Anderson Road Runners Club

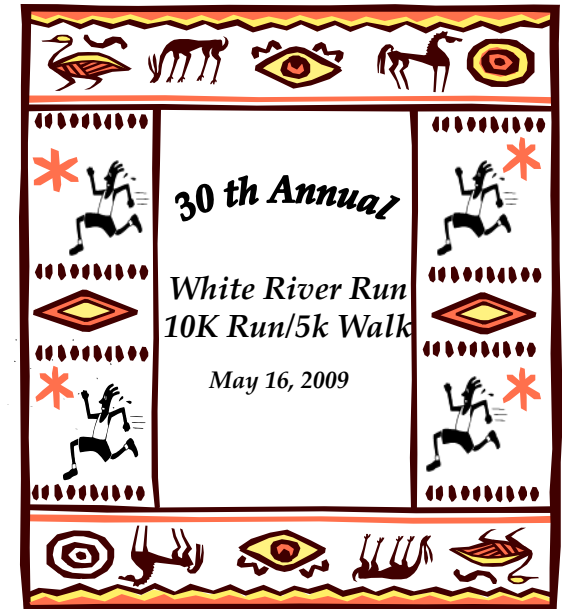
This is an RRCA sanctioned race. In accordance with RRCA guidelines participation by a runner pushing a baby stroller or baby jogger is not permitted. Similarly, participation by a runner wearing headphones or accompanied by a dog or other pet will not be allowed. Roller skates or blades and bicycles are not allowed on the course during the event.



Anderson Road Runners Club
P. O. Box 282
Anderson, IN 46015

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Standard
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Permit No. 992

White River Run 10K Run and 5K Competitive Walk



Anderson Road Runners
www.andersonroadrunners.org



2009 ARRC 10K White River Run 5k Walk

The Course

The 10K run/5K competitive walk course starts at the new "Town Center Park" at 12th & Meridian streets next to the YMCA in historic downtown Anderson. The course will run north thru the paved Anderson trail system and finish back downtown at the Town Center Park. Showers available post-race at YMCA.

A children's 1 mile fun-run will also start and finish at the Town Center Park.

Plan to stay after the race to enjoy Little 500 car show festivities. Breakfast and lunch will also be available, sponsored by AIMS.

Date and Time

Saturday May 16, 2009

Start Time 9:00 a.m.

Fun run starts at 8:30 a.m.

Entry Fee

10K run 5Kwalk is \$15 if pre-registered by May 9, 2009. Afterwards and on race day, \$20. Includes a short sleeve T-Shirt. No shirts will be mailed out. A limited supply of shirts will be available for race day, but only guaranteed to those who pre-register by May 9, 2009. No shirt entry fee is \$10.00. Jr. high and High School cross-country may run race for \$5 with no shirt.

Packet Pickup & Race Day

Registration

7:30- 8:45 a.m. YMCA 28 W. 12th St.

Age Groups Men & Women

10 & Under

11-12	40-44
13-14	45-49
15-18	50-54
19-24	55-59
25-29	60-64
30-34	65-69
35-39	70& over

And heavyweight male

10K – Awards will be presented to the overall male and female runners and male and female master runners. Age group awards will be presented to the top three runners in each category.

Walkers – Awards will be presented to the overall male and female walkers and the top three male and female walkers in each age group. 39 & under, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-over.

Fun-Runners - All kids will get a ribbon.

For further information contact:

Sherri Robertson 778-7056

E-mail: middlesis68@msn.com

Wray Jean Cornwell 644-4219

Email: reggie1832@yahoo.com

2009 ARRC 10K White River Run- 5k walk Sign-Up Form

On or before May 9, 2009 \$15 _____

After May 10, 2009 \$20 _____

No Shirt Entry \$10 _____

Jr. & high school (no shirt) \$5 _____

Add'l Shirt Size (2X) \$2 _____

Runner

Walker

Name _____

Street Address _____

City _____

State _____

Zip Code _____

Age or HWT (Race Day) _____

Date of Birth _____

Male

Female

Shirt Size Small medium large
(circle one)

X-Large XX-Large

Are you participating in the ARRC Road Race Series?

Yes

No

Make Checks payable to:

Anderson Road Runners Club

Mail to: P. O. Box 282

Anderson, IN 46015-0282

In consideration of acceptance of my entry, I for myself, my executors, administrators and assignees do hereby release and discharge the Anderson Road Runners Club and any other business or group affiliated with this race, their officers, agents and employees, from all claims or damages, demands, acts of God or actions whatsoever in any manner arising or growing out of my participation in the 10K White River Run/5kWalk. I attest and verify that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate.
Signature (If under 18 parent or guardian)